By utilizing a “Patent Pending” formula Mia Cocoa! ™ Brand products are being produced with the overarching desire to manufacture a heart-healthy cocoa-based beverage. Our goal is to provide products with no more than three ingredients, all of which are naturally occurring sources.

Our process begins with first selecting the premium cocoa beans with the highest naturally occurring flavanol. Flavanol are what provides cocoa with its distinctive healthy characteristics. In recent years, flavanols have been widely studied for their impact on health.

Scientific studies have shown that in combination with a balanced diet and a healthy lifestyle, cocoa flavanol help support cardiovascular health by maintaining blood vessel elasticity and normal blood flow. In fact, some recent studies have shown that the unique characteristic of the cocoa flavanols have shown that daily consumption of at least 200mg of cocoa flavanols help maintain the elasticity of blood vessels. This benefit directly contributes to normal blood flow, supports healthy blood vessel function and the overall health of the cardiovascular system.

This selection process or sourcing of the cocoa bean then provides the “Best Bean in the Crop” to be used in a mild and gentle process which elevates and coaxes even a higher levels of flavanol.

Not only does the cocoa bean contain a high level of flavanol, but other nutritional components, such as copper, zinc, iron, magnesium and fiber are present.

Next we test our cocoa for heavy metal content!

Our desire is to offer consumers, athletes and moms the comfort and knowledge that all of our production will undergo heavy metal testing. If we find that our cocoa doesn’t meet the safety level required, we will abandon the production and start over!

So once we have an acceptable cocoa powder, we then blend it utilizing our “patent pending” process to deliver a product that is meant to be consumed by health conscious individuals.

Our emphasis is on athletes from amateur to professional, from high school age to those golden-age seniors! But why should athletes only enjoy the benefits of our products?

Why not join us today and just say, “Give MIA COCOA!” Your heart will thank you and who knows you might even find an athlete within you!